

Mornings at TES

Fine Motor Fun! - Mrs. Cleveland Tuesdays 8-9am

Squeezing, finger digging for treasure, coin feeding, cutting, writing, and many other activities will facilitate our fine motor fun. Muscle strengthening now... leads to less frustration later!



This class is open to children who will be 4 years old or older by December 31st.

Yoga with Yogi —Mrs. Blocker Fridays 8-9am

\$75 for a five class passport



Let's get bendy with Yogi, go upside down and challenge our bodies in this energy releasing yoga class. Kids learn how to calm down and relax with basic breathing exercises and creative visualizations. We'll play games and take fabulous adventures to African savannas, Arabian deserts, and outer space. Self-expression is highly encouraged and laughter guaranteed as kids build strength, increase flexibility, and learn how to focus and concentrate. A five class yoga passport is good for any 1 hour Friday class.

**Drop-in Early Care is available
Monday - Thursday from 8am – 9am.**

Early Care, Stay & Play, & Yoga Punch Cards are billed as needed and stored in the school office.

A minimum of five students must enroll for a class to be complete. No more than 8–12 students may enroll in any one class. Limits based on class.

Classes are by semester and will run the weeks of September 5 to December 8, 2023. There are **NO** classes 10/5, 10/6, or 11/20-11/24. There are no make-up classes for days missed due to bad weather or other unforeseen circumstances. Those classes having a showcase will have them during the last class the week of Dec.4-8, 2023.

Not all classes have a showcase.

Tuesday	8-9am	Fine Motor (PreK 4)	\$195
	12-1	Music	\$195
	12-1	Blocks & Bubbles	\$195
Wednesday	12-1	Big Emotions	\$195
	12-2	Cheer	\$390
Thursday	12-1	Tumbling	\$180
	12-2	Big Emotions	\$360
Friday	12-1	Blocks & Bubbles	\$180
	12-2	Art	\$420
	12-2	Spanish	\$360

Friday Morning Yoga — 8-9am

\$75 punch card for five 1-hour classes

*** There are 13 weeks in Tuesday & Wednesday classes, and 12 weeks in Thursday and Friday classes. Prices have been adjusted .*



Trinity Episcopal School
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Trinity Episcopal School



2023 Fall Enrichment Schedule

September 5 - December 8, 2023



Enriching Children's
lives for over 60
years...

Telephone: 817-926-0750

Explore & Create

Music – Mrs. Blocker **Tuesdays 12 - 1pm**



Introduction to Music appreciation and traditional instruments is the focus of this class. We will use Xylophones, drums, and hand bells to practice rhythm patterns. Singing, music, and movement will make this class a beat above the rest!

Big Emotions, Small Bodies - Mrs. Lakey **Wednesdays 12 - 1pm or** **Thursdays 12 - 2pm**



Come learn and play with your friends as we explore our emotions. We will have so much fun while we role play, play games, and enjoy puppet shows together. All while working on how to manage our big emotions. This class is designed with our Toddler, Two and Three year olds in mind, so come join the fun!

Bubbles & Blocks - Mrs. Wilson **Tuesdays or Fridays 12 – 1pm**



Like the big kids, toddler & two year olds can stay and practice their critical skills such as Interactive play, sharing, and taking turns while being exposed to the early math and language concepts that come from big motor play.

Artist Exploration - Mrs. Sims **Fridays 12 - 2pm**



Students will explore interesting and unusual art techniques while creating original works of art in this exciting class. Class time focuses on a famous artist and techniques as varied as dotting, scraping, rolling and spraying. Exploration of form, color, lines, shapes, and the use of various mediums and materials encourage the mind's creativity and imagination. **This class is for potty trained 3 yr olds & up only.**

Stretch & Grow

Cheer - Mrs. Blocker **Wednesdays 12-2pm**



Your kids will love learning to cheer on their favorite teams and dance to their favorite songs in this tiny version of a "big kid" class. At the end of the semester the kids will show off all of their hard work at a short showcase performance. **MUST be Potty Trained.**

GO TES!

Tumbling - Mrs. Blocker **Thursdays 12-1pm**



Traditional tumbling, stretching, and large motor movement await your child from 12-1 on Thursday afternoons. A balance beam, tumble mat, games and songs make this class a perennial favorite of boys and girls alike.

Uno, Dos, Tres...

Spanish - Señora Pena **Friday 12 - 2pm**



Through songs, games, art, activities, and stories, Spanish vocabulary such as colors, numbers, days of the week, months of the year, parts of the body, clothing, and household items will be emphasized in this fun class aimed at introducing Spanish in a fun and creative way. **MUST be Potty Trained.**

How do you say...

Drop-In Stay & Play is available
Monday - Friday from 12-2

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